



“Nothing More, Nothing Less For All People with Disabilities”

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VOLUNTEER OPPORTUNITIES

Check any you are interested in:

- Participate in a workshop on “independent living” – self-determination, self-advocacy, self-direction, assertion of rights and responsibilities.
- Participate in a health & wellness workshop – healthy living through physical, emotional, and spiritual balance
- Become a disability rights advocate - learn about pressing disability issues and advocate for changes in legal/social/business systems.
- Help to organize social, recreational and educational events that would be inclusive for all.
- Perform miscellaneous office work or help out at the reception desk.
- Advocate for removal of architectural barriers on the campus or in the community.
- Help to sponsor a disability awareness booth at a community event (Business Showcase, Kidsville, Lumberjack Festival, etc.).
- Help coordinate and facilitate a community fund raising activity for the agency.
- Participate in a panel discussion on life after high school for students in high school.
- Other: _____

Name: _____

Address: _____

Phone #: _____ Email Address: _____

Day(s) / Time(s) Available: _____

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