

MISSION

As Cortland County's foremost disability resource, Access to Independence empowers people to lead independent lives in their community and strives to open doors to full participation and access for all.

VISION

Access to Independence will lead the community towards an all-inclusive future where discrimination and physical barriers no longer exist.

VALUES

Access to Independence believes that all people with disabilities should have nothing more, nothing less than equal opportunity. All people have the right to control their own lives, make their own decisions and to participate fully in society.



ATI is centrally located at 26 North Main Street in downtown Cortland, New York.

26 North Main Street
Cortland, New York 13045

Access To Independence
OF CORTLAND COUNTY, INC.

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*Resources & Advocacy for
People with Disabilities*

Office Hours:
Monday - Friday
9:00 am - 5:00 pm

*Nothing More,
Nothing Less
For All People
With Disabilities*



26 North Main Street
Cortland, New York 13045
607-753-7363 (phone)
607-756-4884 (fax)
info@aticortland.org (email)
www.aticortland.org

ATI offers the following services:

- Information and Referral
- Peer Counseling / Support Groups
- Personal and Systems Advocacy
- Architectural Barrier / ADA Consulting
- Health and Wellness Programs
- Community Outreach / Education
- Equipment Loan / Resource Library
- Computer Lab / Training
- Accessibility Construction Services
- Work Readiness Services
- Youth Transition Services

EQUIPMENT / RESOURCE CLOSET

ATI offers an extensive inventory of adaptive equipment that is available for loan. Items include wheelchairs, canes, walkers, shower seats, toilet boosters, etc. ATI also offers a library of resource books and videos that are available for loan as well.

COMPUTER LAB / TRAINING

ATI offers its consumers internet access and the use of five computers at no charge. A variety of adaptive software is available, as well as use of a scanner. ATI offers group and individual training sessions. Consumers may use the printer / copier / fax machine for a minimal fee.

MEDICAID WAIVER SERVICES

ATI is an approved Medicaid Waiver service provider for Nursing Home Transition & Diversion (NHTD) and Traumatic Brain Injury (TBI). ATI offers the following services on a referral basis: Service Coordination, Independent Living Skills Training and Environmental Modifications.

ACCESSIBILITY CONSTRUCTION

ATI offers consultation, design, planning, construction, and project management services to meet the specialized needs of its consumers. ATI facilitates environmental modifications for qualified individuals through the NYS *Access to Home* program, the DDSO program, the TBI and NHTD Medicaid Waiver programs, and on a fee-for-service basis.

SYSTEMS ADVOCACY

ATI is a member of the New York Association for Independent Living (NYAIL), the New York State Independent Living Council (NYSILC) and the National Council on Independent Living (NCIL). ATI coordinates a network of local volunteer disability advocates to facilitate local, state, and national advocacy on pressing disability issues year-round.

PEER COUNSELING

ATI staff are uniquely positioned to provide one-on-one peer counseling on a variety of disability-related issues. The majority of ATI staff are people with disabilities themselves and are available help in any way possible.

COMMUNITY OUTREACH

ATI offers a variety of community-based outreach presentations that aim to increase public awareness of disability issues and the independent living philosophy. ATI staff are active in more than 30 local and state-wide organizations.

INDEPENDENT LIVING SKILLS TRAINING

ATI offers one-on-one peer counseling in addition to a variety of programs throughout the year to persons with disabilities who would like to live more independently in the community. Specialized personal advocacy services are available for benefits advisement, nursing facility transition, and navigating community disability resources, among others. Programs include Worksite Wellness, Arthritis Self-Help and Living Well with a Disability.

WORK READINESS SERVICES

ATI offers work readiness services that aim to empower individuals of all ages to gain successful community employment. ATI's employment services are anchored by its unique Peer Mentoring Program, which matches participants with other individuals who have successfully overcome their own personal barriers to secure employment.

YOUTH TRANSITION SERVICES

ATI's developing Youth Transition program aims to empower youth to overcome barriers and to encourage their successful transition out of school and into community employment or on to higher education.