2012 ADA Celebration Success!

More than 100 people participated in the Access to Independence (ATI) 2012 Americans with Disabilities Act (ADA) celebration event, held on Saturday, July 28, at the Cortland County Courthouse Park.

While the day started off with strong winds and rain, as well as claps of thunder and lightening that took down a nearby tree during the keynote address, supporters did not waiver in joining other area advocates to recognize the significance of the ADA and its impact over the past 22 years.

Sally Johnston, a disability advocate from the Syracuse area provided the keynote.

This year’s events would not have happened without the generosity of area businesses. Many thanks to all of you! (See pages 4-5.)

Area Youth Rally for Disability Rights in Nation’s Capitol

On July 12, Access to Independence of Cortland County, Inc. sent a team of 16 disability advocates to Washington, D.C., to fight for the civil rights of people with disabilities.

The team of 11 youth and 5 adults joined more than 1,000 others to fight for passage of the Keeping All Students Safe Act, Medicaid reform, reauthorization of the Individuals with Disabilities Education Act (IDEA), and improved enforcement of the Americans with Disabilities Act, among other federal issues.

“There are a number of federal legislative proposals on the table now that would directly affect millions of students with disabilities,” said Aaron T. Baier, ATI Consumer & Systems Advocacy Coordinator.

Currently, laws such as the IDEA are up for renewal and it is important that these laws remain in effect to protect students with disabilities in elementary and secondary schools.

The bill entitled, Keeping All Students Safe Act, is designed to protect students in public schools from dangerous forms of restraint and seclusion and it would also provide school staff with proper training to handle conflict situations with students in more positive ways.

“The energy in Washington, D.C. was intense,” said Baier. “Youth used their energy to make a difference. These young people not only brought energy, but they brought their personal stories, opinions, and most importantly, their voices.”
Housing Education Program - ATI Secures Funding for Region

In early July, ATI learned that it would receive a grant worth nearly $30,000 to continue its efforts to expand consumer and stakeholder understanding of issues and opportunities relating to affordable, accessible and integrated housing.

Beginning later this summer, ATI will coordinate with eight other Independent Living Centers (ILCs) from across the state to work towards the achievement of four very specific goals. The New York Association on Independent Living (NYAIL) is overseeing the initiative.

ATI will work to expand consumer and community knowledge of key housing systems by providing education and technical assistance about U.S. Housing and Urban Development (HUD) programs and resources, such as Section 8 Housing Choice Voucher program, HOME program, Tenant-Based Rental Assistance, etc.

ATI will educate city and county legislators and administrators, as well as the broader community, about best practices from across the state and nation, to overcome barriers to the lack of accessible and integrated housing.

ATI will use the grant funds primarily to fund a part-time staff person to become an expert on housing issues that concern most people with disabilities and older adults, and then provide training to service providers, consumers and other stakeholders throughout CNY.

Advocates Urge Cuomo to Act on Olmstead

On May 31, more than 200 people with disabilities gathered in the State Capitol to put the Governor’s disability agenda back on track. While the Administration was taking their message on the road, disability rights advocates brought their message straight to the source.

“Disability rights advocates are pleased with the Governor’s commitment to develop an Olmstead Implementation Plan that will guide the transition of individuals from institutional to community-based care, provide access to affordable and accessible housing, and promote employment of persons with disabilities. Now, we want to see the Plan become a reality,” said Melanie Shaw, executive director of the New York Association on Independent Living (NYAIL), the state’s preeminent disability advocacy organization.

The centerpiece of the Olmstead Plan must be implementation of the Community First Choice Option (CFC), an option available to states through the Affordable Care Act, which allows the State to draw down additional federal dollars in order to provide comprehensive community-based services and supports.

Over a year ago, in March 2011, the Governor committed to implementing the Community First Choice Option in NYS, but since that announcement, made in front of this same group of advocates, the Administration has not moved forward on its pledge. One of the hurdles to implementing CFC is that the State has moved forward with other Medicaid reforms without the incorporation of CFC — despite continuous efforts by disability rights advocates to alert the State to the folly of planning for Medicaid reform without planning for CFC implementation.
Access to Independence (ATI) proudly announces its newest team member, Allyson M. Mooney. Allyson will serve as Service Coordinator and Independent Living Skills Trainer (ILST) for the ATI Nursing Home Transition & Diversion (NHTD) and Traumatic Brain Injury (TBI) Medicaid Waiver programs. Allyson will assist people in obtaining and coordinating services that are necessary in order to return to or remain as independent as possible in their own communities.

Allyson, an Oswego native, received her Bachelor of Arts degree from SUNY Oswego. Prior to joining ATI, Allyson worked as a Substitute Teacher, a Residential Counselor, a Youth Specialist, and most recently as an Employment Specialist.

“I hope to share my talents and get more involved in the community, not only to promote people with disabilities to be the people they were meant to be, but to learn new things and widen my own personal awareness of what Cortland and New York State has to offer.”

Welcome aboard Allyson!

ATI Promotes Disability Awareness to Area Youth

Late this past Spring, Access to Independence continued its efforts to promote increased awareness of disability for youth by facilitating workshops for youth at Virgil and Randall Elementary Schools.

The purpose of the Disability Awareness Day series is to provide students an opportunity to learn about the abilities that people with disabilities have, to ask questions about disability, and to open their minds to new ways of doing things. The workshops also aim to teach students about the Disability Rights and Independent Living movements, including the Americans with Disabilities Act. ATI tailors each Disability Awareness Day to suit the particular needs of a school as well as the age groups of students. ATI offers different style workshops and curriculums for grades K-2, 3-6, 7-8 and 9-12.

For more information, please contact Aaron T. Baier by phone at: (607) 753-7363, or by email at: abaier@aticortland.org.

ATI Hosts Spring Social Night / Ventriloquist

On May 30, Access to Independence hosted a Spring Social Night for the community. More than 40 consumers, friends and family convened for more than two hours of pizza, salad, soda and live entertainment!

Larry Brennan headlined the evening’s festivities by performing a nearly 90-minute ventriloquism act that featured many of his favorite dummies. Many thanks to Brennan, a retired nurse, who put on the show pro bono.

“I've never seen a real, live ventriloquist before,” said Nancy King. “I couldn’t stop laughing! I hope [Brennan] comes back to visit us again soon!”
Thank You 2012 ADA Celebration Sponsors!

**ADA Sponsor:**  
Wal-Mart

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Cornell University—HR Division  
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Christina Taranto, EMP Dr. Firman, Way2Go Cortland, Cortland Area Communities That Care, CRMC - Home Health Services,

**Also Thanks To:**  
Cortland City Youth Bureau, Cortland Chamber of Commerce, Volunteers from Wal-Mart, ATI Board Members, Sally Johnston
On Saturday, July 28, Access to Independence (ATI) hosted the community to its annual picnic in celebration of the Americans with Disabilities Act (ADA).

The day started with an inclusive “Stroll & Roll”, where 25 people with and without disabilities marched down Cortland’s Main Street to recognize local businesses that have made accessibility changes to promote full access.

More than 100 community members joined ATI’s board, staff and consumers to hear Sally Johnston, a disability rights leader from the Syracuse area, share her experiences from the past several decades in fighting for civil rights for people with disabilities.

Cortland County Legislator Sandy Price read the 2012 Cortland County Proclamation in honor of the ADA, and Mayor of Cortland, Brian Tobin, provided his insight on the meaning of the ADA to the Cortland community.

WXHC 101.5 Radio provided music for attendees and covered aspects of the event on live radio.

Kory’s Diner provided hotdogs and hamburgers fresh from the grill, along with a variety of salads.

In its third year, the vendor fair included a number of local and regional vendors, including: Cortland Area Communities that Care, Cornell University, Cortland Home Health Services and NYS EPIC.

Attendees had the opportunity to speak about how the ADA affected their lives. A woman with a vision impairment spoke about the discrimination she faced and how difficult it was for her to afford legal assistance. She pointed out the significance of gathering together as advocates to insure that the message gets out loud and clear that people with disabilities are here to stay and that we are entitled to the same rights as those without disabilities.

The day ended with ATI’s annual water-melon eating contest. Mayor Brian Tobin took top honors as 2012 champion, while Liam and Hanna Whalen tied for second place. The reigning three year champion (2009 – 2011), Lukas Pizzola, missed this year’s event.

On July 26th, 1990, President George H. W. Bush signed into law the American’s with Disabilities Act (ADA) to ensure the civil rights of people with disabilities. This legislation established a set of mandates towards the elimination of discrimination towards individuals with disabilities. The ADA has expanded opportunities for people with disabilities in America; however the full promise of the ADA will only be achieved if public entities remain committed to their efforts to fully implement the ADA.
The Access to Independence (ATI) Peer Mentoring Program (PMP) aims to help job seekers with disabilities reach their goal of community employment through one-on-one and group mentoring. Mentoring offers individuals with disabilities the opportunity to gain support and guidance as they work to overcome personal challenges and build their work readiness skill set to achieve the ultimate goal of community employment.

Nancy, an employee at the Cortland Regional Medical Center (CRMC), has been an active peer mentor in the PMP since its beginnings in 2006. Nancy, who has a developmental disability, has worked at CRMC for more than 21 years. She prepares and delivers food to patients and helps with various cleaning tasks. Nancy’s positive attitude, strong ethic, and dedication to her job through long double-shifts, medical challenges, and even a little workplace drama, makes Nancy an ideal mentor.

In the spring of 2006, Nancy decided she would like to share her own experiences and struggles with others who could benefit from her expertise. Not only did Nancy become a steadfast mentor, but she soon realized that her time in the PMP would be a learning experience as well.

“I was so excited to get started,” said Nancy during a recent interview. “I attended mentor trainings which taught me a lot about building relationships and teaching people new skills.” Nancy met with her first of four mentees each week and together they talked about how a positive attitude could significantly help her job search. Her mentee learned quickly and the team began to work on other skills such as time management and how to properly fill out job applications.

While Nancy would provide some advice, perhaps the most valuable service that she offered was her ability to listen and let her mentee learn to problem solve independently. While this was Nancy’s first experience as a mentor, it was a success; her mentee secured a job working in a local factory and felt more valuable as she began to earn more money.

“It was wonderful being able to help people reach their goals,” Nancy told us. “I wanted to be as involved as I could with the program.” Nancy not only worked as a one-on-one mentor, but she was a fixture in the PMP weekly workshops and other program activities.

Nancy attended job shadowing opportunities at a local jewelry-making shop and a local hotel to learn more about other useful job skills such as customer service and creativity. Nancy also attended several annual Employment Conferences. Nancy utilized the skills that she attained as a mentor to improve how she works with her other mentees.

Nancy continues to actively participate in the PMP as well as other ATI events such as social nights, our Bowl-a-Thon, and the ADA Celebration. Nancy is a shining example of the independent living philosophy and is an excellent role model for anyone she works with.

Keep up the great work Nancy!

This past June, ATI kicked off its new Work Readiness Workshop schedule. Going forward, ATI will hold a specialized workshop on the fourth Monday of each month. Each workshop now features a guest presenter who will share their expertise, either as a peer, an expert, a provider, or an employer.

ATI’s Work Readiness workshops aim to help job seekers with disabilities find the support and resources they need to gain and retain successful community employment. The Work Readiness Workshop series will help prepare people to face challenges head-on and to be prepared for the next job opportunity that they find.

Upcoming Work Readiness events and workshops include:

- August 27: Using your connections to network
- September 24: Mastering your interviewing skills
- October: NDEAM - see page 7
- November 26: Work Incentives

For more information on the ATI’s Work Readiness Workshops or other work readiness services, please contact Aaron T. Baier by phone at 607-753-7363.
Join NY’s Disability Advocacy Network!

- Keep current on pressing disability issues!
- Receive email alerts on policy and budget matters!
- Fight for the civil rights of people with disabilities!
- Join 1,000+ statewide advocates to fight for change!

For more information, or to join our advocacy network, email: abaier@aticortland.org

ATI Gears Up for 2012 Disability Employment Awareness Month!

Each October, Access to Independence recognizes National Disability Employment Awareness Month (NDEAM) with a series of employment-related events and activities for the community. This year’s national theme is: “A Strong Workforce is an Inclusive Workforce: What Can YOU Do?” 2012 NDEAM in Cortland County is set to be the best ever! Mark your calendars with the following events!

2012 Employment Conference - October 4, 11 & 18 - The ATI Employment Conference is a community-wide staple of NDEAM. The three-day conference caters to job seekers with disabilities and offers tools, skill building, networking, and empowerment to further their job search and inevitable career.

This year’s conference will be held at the Cortland Works Career Center from 9:00 am - 2:00 pm each day. The Conference will feature: keynote presentations from nationally renowned peer leaders; opportunities to network with local employers; interactive workshops on leadership, work ethic, professionalism, diversity, cultural competency, and communication; and a resource fair to learn about the array of employment services available throughout Cortland County.

Cortland County Job Fair - October 9 - New this year, Access to Independence will host a job fair at its office for local employers from 11:00 am - 1:00 pm. The job fair will feature guest speakers who will talk to area business leaders about how “a strong workforce is an inclusive workforce” and how hiring people with disabilities can benefit their business and its customers.

For more information on any of this year’s NDEAM events, please contact Aaron T. Baier by phone at 607-753-7363, or by email at abaier@aticortland.org.

Youth Transition Workshops

The Cortland Youth in Power group has been very active over the last few months! The group hosted guest speaker Ashley Aurilio of SUNY Cortland in June and Sara Watrous of Sustainable Cortland in July.

On June 12, 11 area youth traveled to Washington D.C. to attend a disability rights rally sponsored by the National Council on Independent Living (see page 1).

On July 19, four area youth traveled to the Q Center in Syracuse to attend a YOUTH POWER! Central Region Forum. Youth networked with other youth from around our region to talk about what “power” means to each of them, why they need to have a voice, and how they can make that voice heard.

Youth in Power meets the fourth Wednesday of each month from 4:00 - 5:00 pm at the CYB Teen Center, 35 Port Watson St, Cortland.

Upcoming Youth Transition events and workshops include:
- August 29: LGBT Resources
- September 26: Think Again Group (TAG) Video Project
- October 17: Disability Mentoring Day (DMD)
- November 28: Accessing Community Resources

For more information or to get involved, please contact Aaron T. Baier by phone at 607-753-7363, or by email at abaier@aticortland.org.

Wishing Wellness Center
37 Central Avenue
Cortland, New York 13045

Wellness Center Hours
Monday—Friday 9am to 6pm
Drop In Center Hours
Friday—2pm to 8pm
Saturday—2pm to 8pm
Sunday—12 noon to 6pm

Phone: (607) 423-7472 Email cortlandrecoverycenter@gmail.com
Protection and Advocacy for Beneficiaries of SS

If you are a person with a disability and you are having issues with your Employment Network, your employer, or Social Security overpayments, you may be able to get free legal advice.

The Protection and Advocacy for Beneficiaries of Social Security (PABSS) program provides free legal assistance to people with disabilities who receive Social Security Disability Insurance (SSDI) or Supplementary Security Income (SSI) and who are encountering barriers in their efforts to become employed, or who receive employment related training and services. PABSS was created through the Ticket to Work Act, but you do not need to be using your Ticket to be eligible for PABSS services.

The PABSS program aims to help with any of the following situations:

- Employment discrimination due to disability
- Disputes with Employment Networks under the Ticket-to-Work program
- Accommodations for work
- Transportation, housing and debt problems that are affecting your ability to work or get training and education
- Social Security Administration decisions involving overpayments, work-related issues and Continuing Disability Review determinations
- Barriers to getting the training or education you need to get the job you want
- Health care benefits problems affecting your employability

For more information, contact Legal Services of Central New York, Inc., by phone at: 1-866-475-9967.

Some Helpful Disability-Related Websites

www.mybenefits.ny.gov You can input your income and family size information and find out what benefits you may be eligible for. The benefits can include: food stamps (SNAP), medical insurance, temporary assistance, HEAP, and WIC. You can also apply for food stamps and do a prescreening for HEAP benefits on the website.

www.pparxny.org If you have a low income and no prescription insurance or your insurance will not cover some of your prescriptions, you can use this website to find out if you qualify for financial assistance to help pay your drug costs.

www.medicarerights.org The Medicare Rights Center is a national, nonprofit consumer service organization that works to ensure access to affordable health care for older adults and people with disabilities through counseling and advocacy, educational programs and public policy initiatives.

www.lawhelp.org This site helps low and moderate income people find free legal aid programs in their communities and answers questions about legal rights.

www.mortgageloan.com/disabilities This site will help you learn more about the five important steps in buying a home and about financial assistance programs that are available for people living with disabilities, who want to buy a home. It aims to help individuals living with disabilities, and their family members, in the process of buying a home of their own.

www.gettinghired.com This portal has incorporated several unique free services designed to help people prepare for the work place and build their careers. It offers individuals a platform to connect with each other and career mentors. Job seekers will find opportunities posted by employers who use the portal through paid annual subscriptions to hire them.
For the average student in a New York high school, the drama and educational challenges are worth the stress when you consider the skills and knowledge they acquire and the Regents diploma they secure. Unfortunately students with severe disabilities endure not only the stresses of an average student, but other stresses that result from bullying, pressure from teachers, and the frustration of their limitations. What’s more is that they typically will not leave school with a high school diploma. Instead, NYS issues them an Individualized Education Plan (IEP) diploma. The IEP diploma, despite its name, is not a high school diploma equivalent. It leaves many students with few opportunities for jobs after their transition from school to community. The good news is that this is about to change.

Set to take effect for the 2013-14 school year, the Skills and Achievement Commencement Credential (SACC) will replace the IEP diploma. The SACC is a major step forward for students with severe disabilities and will go far to enhance their educational and post-secondary opportunities.

According to a memorandum issued by James P. DeLorenzo of the NYS Education Department, “The SACC must be accompanied by documentation of the student’s skills and strengths and levels of independence in academic, career development and foundation skills needed for post-school living, learning and working.”

While the SACC will improve the opportunities for students with severe disabilities, it is not meant for just any student with a disability. First, only students who are eligible for the NYS Alternate Assessment will qualify to receive the SACC; this means that the student must be assessed on different performance levels than the average student.

Second, a student can only be issued the SACC after attending at least 12 years of school or by reaching the age of 21.

Lastly, the SACC is not a high school equivalent; but unlike the IEP diploma, it must include a summary of the students’ academic achievements and functional performance. These rules will help to ensure that a student receiving a SACC will be able to advocate for employment opportunities.

Parents and their students can begin to prepare for the SACC in many ways.

First, setup a Committee on Special Education (CSE) meeting with your student and their teachers.

This will allow you a chance to talk to the school about the SACC and how it might effect your son or daughter’s post-school dreams.

Second, talk to your son or daughter about what they’d like to do after school is complete, e.g. what kind of job do they want, do they want to volunteer, and do they want more training?

ATI offers a variety of Youth Transition services that aim to bridge the gap that exists for youth with disabilities, between the special education programs at schools, various vocational programs, and full community integration. For more information, please contact Aaron T. Baier, Consumer & Systems Advocacy Coordinator, by phone: 607-753-7363, or by email: abaier@aticortland.org.

Youth In Power!
Get empowered…
Use your abilities…
Advocate for what you want!

4th Wednesday, Monthly
4:00 - 5:00 pm
CYB - Teen Center
35 Port Watson Street

For more information, contact Aaron Baier at: 607-753-7363
The Rehabilitation Act and the Americans with Disabilities Act both mandate certain levels of accessibility in housing that is constructed or managed with federal funds. Under Section 504 of the Rehab Act of 1973, housing providers that receive federal funds are required to pay for accessibility modifications; this includes providers that receive Section 8 subsidies. However, the rules are different when it comes to housing that is constructed and operated on a totally private basis.

While the Fair Housing Amendments Act of 1988 guarantees a tenant’s right to make home modifications, the responsibility for funding modifications is on the tenant. Unfortunately, individuals often do not have the finances to implement changes that they may want to make. Little third party funding is available for doing home modifications, and those people that need them most often live on fixed incomes and have difficulty paying for them. Rather, they go without and do their best to adapt their lives to their environment.

There is some hope, however. Possible sources of funding that tenants can tap for home modifications include: Medicare, Medicaid, Community Development Block Grants, Social Service Block Grants, the Farmers Home Administration, Older American Act grants, Area Agencies on Aging, State Vocational Rehabilitation, Consumer Advocacy Organizations, Civic or Charitable Organizations and Income Tax deductions.

Despite problems in funding, the consumer demand for home modifications is growing. The Department of Housing and Urban Development receives requests every day for information on how to make basic modifications such as accessible parking, ramps, roll-in showers and electrical upgrades. Increasingly, building contractors will have to become more knowledgeable about how to provide high quality accessibility modification services to a growing market.

In the meantime, Access to Independence (ATI) is available to meet your needs. ATI has completed more than 150 home modification projects throughout CNY to improve accessibility. For more information, please contact Audrey Jones, Architectural Barrier Program Coordinator, by phone: 607-753-7363, or by email: ajones@aticortland.org.
Access To Independence
OF CORTLAND COUNTY, INC.

Proudly Presents:

2012 Annual Employment Conference
“A Strong Workforce is an Inclusive Workforce!”

When: October 4, 11 & 18
9:00 am - 2:00 pm

Where: Cortland Works Career Center
99 Main St.
Cortland, NY 13045

Keynotes on inclusion, work ethic, and advocacy!
Network with local employers and peers!
Learn what can set you apart from other job seekers!
Practice advocating for a more inclusive workforce!

Save Your Spot Today! RSVP by September 28th!
Call: 607-753-7363

Morning refreshments and lunch will be provided.
Accommodations provided upon request.
2012 Masquerade Gala

SUNY Cortland Alumni House
6:00 - 9:00 pm
Saturday, October 27, 2012

Corporate (10): $500.00
Couples (2): $100.00
Individuals (1): $50.00

Visit us at 26 N. Main Street, Cortland, NY.
To purchase your tickets, call 607-753-7363, or

Special Guests
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Masks provided (or bring your own)
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Cash bar and exclusive hors d'oeuvres