

## MISSION

Access to Independence empowers people with disabilities to lead independent lives in their community and strives to open doors to full participation and access for all.

## VISION

Access to Independence will lead the community towards an all-inclusive future where discrimination and physical barriers no longer exist.

## VALUES

Access to Independence believes that all people with disabilities have the right to control their own lives, make their own decisions and to participate fully in society.



ATI is centrally located at 26 North Main Street in downtown Cortland, New York.

ATI's Consumer Grievance Procedure may be found online at:  
[http://www.aticortland.org/documents/ATIConsumerGrievanceProcedure\\_002.pdf](http://www.aticortland.org/documents/ATIConsumerGrievanceProcedure_002.pdf)

26 North Main Street  
Cortland, New York 13045

Access To Independence  
OF CORTLAND COUNTY, INC.

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***Resources & Advocacy for  
People with Disabilities***

### Office Hours:

**Monday - Friday**

**9:00 am - 5:00 pm**

**8:00 am - 4:00 pm (summer)**

*Nothing More,  
Nothing Less  
For All People  
With Disabilities*

**26 North Main Street  
Cortland, New York 13045  
607-753-7363 (phone)  
607-756-4884 (fax)  
info@aticortland.org (email)  
[www.aticortland.org](http://www.aticortland.org)**

### ATI offers the following services:

- Information and Referral
- Peer Counseling / Support Groups
- Personal and Systems Advocacy
- Architectural Barrier / ADA Consulting
- Independent Living Skills Training
- Community Outreach / Education
- Equipment Loan / Resource Library
- Computer Lab / Training
- Accessibility Construction Services
- Peer Mentoring Program
- Youth Transition Services
- Nursing Home Transition / Diversion

### EQUIPMENT / RESOURCE CLOSET

ATI offers an extensive inventory of adaptive equipment that is available for loan. Items include wheelchairs, canes, walkers, shower seats, toilet boosters, etc. ATI also offers a library of resource books and videos that are available for loan.

### COMPUTER LAB / TRAINING

ATI offers its consumers internet access and the use of five computers at no charge. A variety of adaptive software is available, as well as use of a scanner. ATI offers group and individual training sessions. Consumers may use the printer / copier / fax machine for a minimal fee.

### MEDICAID WAIVER SERVICES

ATI is an approved Medicaid Waiver service provider for Nursing Home Transition & Diversion (NHTD) and Traumatic Brain Injury (TBI). ATI offers the following services on a referral basis: Service Coordination, Independent Living Skills Training, Assistive Technology, Moving Assistance, Community Transitional Services and Environmental Modifications.

### ARCHITECTURAL BARRIER REMOVAL

ATI offers consultation, design, planning, construction, and project management services to meet the specialized needs of its consumers. ATI facilitates environmental modifications for qualified individuals through a variety of funding sources and on a fee-for-service basis.

### SYSTEMS ADVOCACY

ATI is a member of the NY Association for Independent Living (NYAIL), the NY State Independent Living Council (NYSILC) and the National Council on Independent Living (NCIL). ATI coordinates a network of local volunteer disability advocates to facilitate local, state, and national advocacy on pressing disability issues year-round.

### PEER COUNSELING

ATI staff are uniquely positioned to provide one-on-one peer counseling on a variety of disability-related issues. The majority of ATI staff are people with disabilities themselves and are available help in any way possible.

### COMMUNITY OUTREACH

ATI offers a variety of community-based outreach presentations that aim to increase public awareness of disability issues and the independent living philosophy. ATI staff are active in more than 30 local and statewide organizations.

### INDEPENDENT LIVING SKILLS TRAINING

ATI offers one-on-one peer counseling in addition to a variety of programs throughout the year to persons with disabilities who would like to live more independently in the community. Specialized personal advocacy services are available for benefits advisement, nursing facility transition, and navigating community disability resources, among others.

### PEER MENTORING PROGRAM

ATI facilitates the development of peer relationships using a Mentor / Mentee model. ATI matches participants with other individuals who have successfully overcome their own personal barriers to achieve education, employment or other personal goals. "With help from a friend, you can reach for the stars!"

### YOUTH TRANSITION SERVICES

ATI's Youth Transition program aims to empower youth to overcome barriers and to encourage their successful transition out of school and into community employment or on to higher education. ATI provides services to youth, parents and schools.